

COURSE TITLE: Physical Education 9

Level of Difficulty	Estimated Homework	Prerequisites: None
Moderate	30-60 minutes	District: N/A Department Suggestion: N/A

Course Description:

Physical Education 9 meets the first year of District graduation requirements for Physical Education. This course will emphasize the development of movement skills and knowledge, self-image, personal growth, and social development. The major emphases of studies are: personal fitness, team sports, and aquatics. The State fitness test will also be included.

Grading:

Refer to syllabus

Syllabus:

To be provided in class

Supplemental Information:

N/A